

Brief Curriculum Vitae
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Organizational Development and Human Resource (OD&HR) Consultant, Points of You® Certified Trainer and Six Seconds® Certified EQ Assessor and Practitioner. Provides organizational development, consulting services and content writing services to corporations, non-profit and charitable organizations by applying Six Seconds® emotional intelligence (EQ) principles, as well as Points of You® methodology and tools, in my leadership and employee coaching and consulting works. My noble goals (passion) is to help others, including today's office professionals, find their voices as leaders, unlock their full potential and able to, in turn, lead others to find theirs. I believe that when people are able to navigate their emotions, especially during this challenging time amid COVID-19 outbreak, they learn to make more effective decisions, become self-motivated, work consistently towards their goals, and they have extremely high standards for the quality of their work. They will emerge stronger after coronavirus.

I'd like to share a quote by Scott Stabile: "we are like billions of caterpillars forced into our cocoons, being called on to change from the inside out, to metamorphosize, to rest, and reflect and sprout wings."

After 10+ Years serving as People & Culture Business Partner at a major international humanitarian and development organization and after a stint as Human Resources and Organizational Development Practitioner at a software development company, I am stepping out to embrace a new season and opportunity to provide consulting services to the people working in corporates, non-profit organizations and schools to be their best selves.

As a fitting quote for my work: "Give a man a fish and you feed him a day. Teach him to fish and you feed him for a lifetime" – Chinese Proverb.

Sharing my enthusiasm and empowering others to succeed are my passion. In addition to consulting services, I am a well versed and capable content writer in blog posts and articles. I am resourceful when it comes to research and backing up what I write with relevant data. I have a clear, conversational and engaging writing style that packs a persuasive punch. I have written many contents including, reports, business plans and much more under diverse niche related to marketing, individual and community well-being, entertainment, lifestyle and many other industries.

Have a good understanding of my work and willing to listen to feedbacks and act upon the recommendations. Core competencies are in organization development, public speaking, communication, emotional literacy, storytelling, using photo language. I have a robust knowledge and understanding of the challenges facing today's agile organizations, operating in the the context around coronavirus (COVID-19), where, uncertainties seems to be top challenges for both small and large organizations.

Six Seconds® Certified EQ Assessor and Practitioner, with capacity to use Six Seconds methodology® to help employees of client organizations unlock their potentials, thrive in their relationships, embrace changes and achieve their personal and organizational goals. Also, a Points of You® Certified Trainer, who use images, words and games to help individuals discover insights about themselves and all around them. Good motivational speaker, member of Toastmasters International.

I bring this unique experience to my noble goals: using myself as an example to impact positive attitudes. I aim to assist and inspire greatness in others so that they are better equipped to deliver what is required in this demanding present-day personal and business environment. Also, computer and analytical thinking skills.